

Weak pelvic floor muscles can lead to symptoms such as:

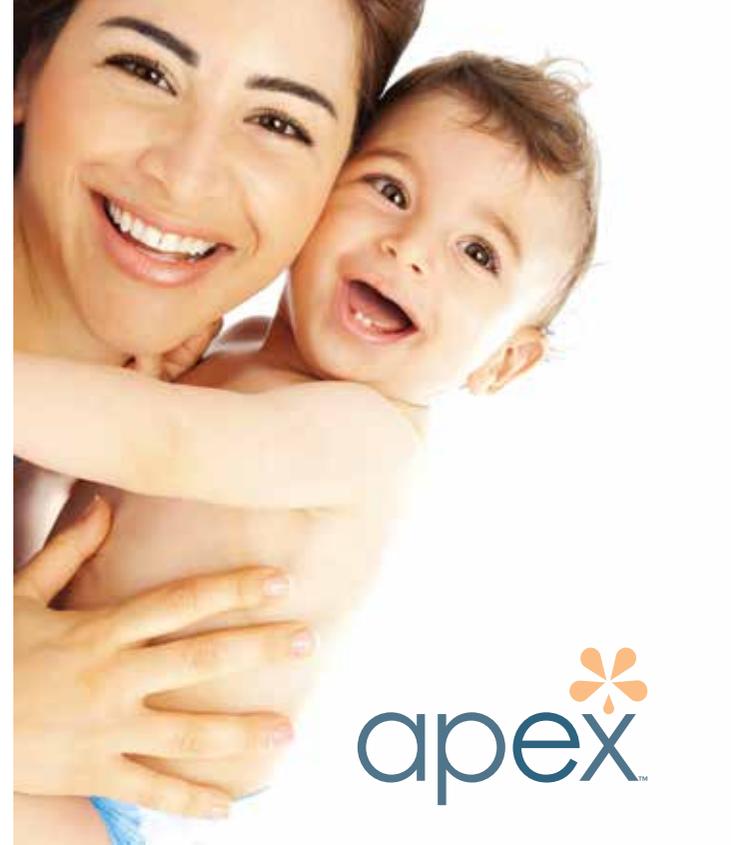
- ✿ Bladder leakage when laughing, coughing or exercising
- ✿ Migration of the internal organs into the vaginal canal
- ✿ Poor sensation during vaginal intercourse
- ✿ Prolonged postpartum recovery

Apex strengthens and tones your pelvic floor, so you can stop worrying! Get back to laughing, playing, and living confidently with Apex.

**Ask Your Doctor About
APEX Today!**



www.pourmoi.com



Postpartum
Standard of Care

A new baby brings joy
and excitement to
everything ~

Except your pelvic floor!

ABOUT PELVIC FLOOR HEALTH



Pregnancy and childbirth stress the muscles of the pelvic floor that support the bladder and internal organs. When these muscles become stretched they weaken and become unsupportive, often causing symptoms such as leakage when coughing, laughing or exercising.

Bladder leakage is a common complaint among postpartum women. In fact, it is estimated that 1 out of 4 women have ongoing leakage following childbirth.

Get back to your pre-baby pelvic health!

HOW APEX WORKS

Apex is a first choice, non-surgical treatment for bladder leakage. Apex uses patented muscle stimulation to strengthen and tone pelvic floor muscles.

Apex Toning Sessions

Apex toning sessions are completed in the privacy of your home as directed by your physician. Typically, sessions are completed 6 days per week for 14 weeks. Upon achieving your desired result, sessions continue as needed for maintenance.

Muscle Stimulation Contacts:

For building strength to stop symptoms of leakage when laughing, coughing, sneezing or exercising.



Customizable Probe:

Apex inflates for a custom fit providing active resistance to maximize muscle exercise.

WHY APEX?

Strengthening of the pelvic floor restores pelvic health and stops bladder leakage at the source.

Apex is your solution to strengthen the pelvic floor muscles at your convenience in the privacy of your own home.

